

# Bahrain

## Travel Facts

### US State Dept Travel Advisory

The US Department of State currently recommends US citizens exercise increased caution in Bahrain due to terrorism. <https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

### Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the U.S. State Department's "Learn About Your Destination" search tool, available through the link below.

<https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html>

### US Embassy/Consulate

[973] 1724-2700; US Embassy Manama, Bldg. 979, Road 3119, Block 331, Zinj, PO Box 26431, Manama, Kingdom of Bahrain; <https://bh.usembassy.gov/>; [ManamaConsular@state.gov](mailto:ManamaConsular@state.gov)

### LGBTQIA+, Women, and Travelers with Special Needs

When venturing abroad, LGBTQ+ travelers can face unique challenges since laws, attitudes, and legal protections vary from country to country. Consult the website via the link below to learn what precautions to take before and during your trip.

<https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations.html>

### Telephone Code

973

### Local Emergency Phone

999

### Vaccinations

The CDC and WHO recommend the following vaccinations for Bahrain: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, influenza, and COVID-19. <http://www.who.int/>

### Climate

Arid; mild, pleasant winters and very hot, humid summers

### Currency (Code)

Dinars (BHD)

### Electricity/Voltage/Plug Type(s)

230 V / 50 Hz / plug type(s): G



Type G

### Major Languages

Arabic, English, Farsi, Urdu

### Major Religions

Muslim, Christian, Jewish, Hindu, Baha'i

### Time Difference

UTC+3 (8 hours ahead of Washington, DC, during Standard Time)



### Potable Water

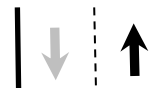
Yes, but some opt for bottled water

### International Driving Permit

Suggested

### Road Driving Side

Right



### Tourist Destinations

Adhari Park; Al Areen Wildlife Park; Manama (includes National Museum, Al Khamis Mosque, Al-Qudaibiya Palace); The Tree of Life; Arad Fort; Qal'at al-Bahrain-ancient harbor & capital of Dilmun

### Major Sports

Soccer, mixed martial arts, cricket, car racing

### Cultural Practices

If the meal is on the floor, sit cross-legged or kneel on one knee. Never let your feet touch the food mat and avoid pointing the soles of your feet at others. Eat only with the right hand as the left hand is considered unclean in Islam.

### Tipping Guidelines

While there is often a 10% service charge at restaurants, it is still customary to leave a 10% tip for wait staff. Taxi drivers expect a 10% tip and porters will be happy with about 100 dinars per bag.

### Souvenirs

Red-clay pottery, handwoven cloth, pearls/pearl jewelry, luxury goods

### Traditional Cuisine

Bahrain's traditional food includes fish, meat, rice, and dates. One of the most famous Bahraini dishes is machboos, which is made up of meat or fish served with rice. Another known food is muhammar which is sweet rice served with dates or sugar.

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