Mauritania

Travel Facts



US State Dept Travel Advisory

The US Department of State currently recommends US citizens Reconsider Travel to Mauritania due to crime and terrorism. Some areas have increased risk. Consultits website via the link below for updates to travel advisories and statements on safety, security, local laws, and special circumstances in this country. https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html

Passport/Visa Requirements

US citizens should make sure their passport will not expire for at least 6 months after they enter the country even if they do not intend to stay that long. They should also make sure they have at least 1 blank page in their passport for any entry stamp that will be required. A visa is required, but travelers may obtain the visa upon entering the country.

US Embassy/Consulate

+(222) 4525-2660; EMER: +(222) 3662-8163; US Embassy Nouakchott, Nouadhibou Road, Avenue Al Quds, Nouakchott, Mauritania; consularnkc@state.gov; <u>https://mr.usembassy.gov/</u>

LGBTQ+ Travelers

When venturing abroad, LGBTQIA+ travelers can face unique challenges since laws, attitudes, and legal protections vary from country to country. Consult the website via the link below to learn what precautions to take before and during your trip. https://travel.state.gov/content/travel/en/international-travel/before-you-go/travelers-with-special-considerations/lgbtqi.html

Telephone Code

222

Local Emergency Phone Fire: 118; Police: 117

Vaccinations

The CDC and WHO recommend the following vaccinations for Mauritania: hepatitis A, hepatitis B, typhoid, yellow fever, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, COVID-19, and influenza. http://www.who.int/

Climate Desert; constantly hot, dry, dusty

Currency (Code) Ouguiyas (MRO)

Electricity/Voltage/Plug Type(s)

220 V / 50 Hz / plug types(s): C



Major Languages Arabic, Pular, Soninke, Wolof, French

Major Religions Muslim

Time Difference

UTC 0 (5 hours ahead of Washington, DC, during Standard Time)

Potable Water

Opt for bottled water

International Driving Permit Suggested

Road Driving Side Right



Tourist Destinations

Banc d'Arguin National Park; Nouakchott; Ouadane, Chinguetti, Tichitt, & Oualata; Richat Structure in the Sahara Desert

Major Sports Soccer, basketball

Cultural Practices

When talking about the past, people will often snap their fingers by their shoulders.

Tipping Guidelines

A tip of 12-15% is expected in restaurants if no service charge has been added to the bill. Hotel service staff and drivers welcome small tips.

Souvenirs

Dyed leather goods, silver jewelry and engraved items, woven rugs/carpets and hand-dyed fabric, knives; neolithic pottery, arrowheads, and other items

Traditional Cuisine

 $\label{eq:constraint} \begin{array}{l} \mbox{Thieboudienne} \ - \ fish \ \mbox{and} \ \ \ rice \ \ served \ \ in \ \ a \ \ white \ \ \ and \ \ red \ \ sauce, \ \ usually \ \ made \ \ from \ \ tomatoes \end{array}$



September 2023