Micronesia, Federated States of Travel Facts







US State Dept Travel Advisory

The US Department of State currently recommends US citizens exercise normal precautions in travel to Micronesia. https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html

Passport/Visa Requirements

For the latest passport and visa requirements for this country, please consult the U.S. State Department's "Learn About Your Destination" search tool, available through the link below.

 $\underline{https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html}$

US Embassy/Consulate

+(691) 320-2187; EMER: +(691) 920-2369; US Embassy Kolonia, US Embassy in Kolonia, PO Box 1286, Kolonia, Pohnpei, FSM 96941 Federated States of Micronesia; koloniaacs@state.gov; https://fm.usembassy.gov/

Types of Travelers

Additional travel considerations can be found on the US Dept of State International Travel page. https://travel.state.gov/content/travel/en/international-travel.html

Telephone Code

691

Local Emergency Phone

Medical 111

Vaccinations

The CDC and WHO recommend the following vaccinations for Micronesia: hepatitis A, hepatitis B, typhoid, rabies, meningitis, polio, measles, mumps and rubella (MMR), Tdap (tetanus, diphtheria and pertussis), chickenpox, shingles, pneumonia, influenza, COVID-19. http://www.who.int/

Climate

Tropical; heavy year-round rainfall, especially in the eastern islands; located on southern edge of the typhoon belt with occasionally severe damage

Currency (Code)

US dollar is used

Electricity/Voltage/Plug Type(s)

120 V / 60 Hz / plug types(s): A, B





Type B

Major Languages

English, Chuukese, Kosrean, Pohnpeian, Yapese, Ulithian, Woleaian, Nukuoro, Kapingamarangi

Major Religions

Roman Catholic and Protestant

Time Difference

UTC+11 (16 hours a head of Washington, DC, during Standard Time)

Potable Water

Opt for bottled water

International Driving Permit

Suggested

Road Driving Side

Right

| ↓ | ↑

Tourist Destinations

Nan Madol; Chuuk (Truk) Lagoon; Kepirohi Falls

Major Sports

Baseball, soccer

Cultural Practices

The islands are known for their stick dancing traditions. All the islands revere their extended family connections and clan system.

Tipping Guidelines

Meals are generally inexpensive sotipping by rounding up is appropriate. Taxi drivers do not expect tips.

Souvenirs

Shell jewelry, woven baskets and mats, navigational stick charts, wooden monkeyman statues, replica canoes

Traditional Cuisine

Kelaguen — chicken, meat, or rawseafood marinated in lemon juice, salt, and hot peppers topped with coconut and scallions; the chicken or other meat is grilled while the seafood is prepared raw and "cooked" for only a few hours in lemon juice

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